

St. Louis Fleur de Lis is Growing!

St. Louis Skating Club is very pleased to announce that this coming season will be **St. Louis Fleur de Lis'** most **exciting** one yet. The past couple of years, ISI teams representing Brentwood Ice Arena have been operated by Synchronized Skate St. Louis while USFS teams have been operated by St. Louis Skating Club. Through the cooperative efforts of many people involved with both organizations, all synchronized skating teams which skate out of the Brentwood Ice Arena will come under the direction of **Brittany Wisenor**, St. Louis Skating Club's Director of Synchronized Skating and Head Coach of St. Louis Fleur de Lis. This development means that we will be able to offer **more opportunities** than ever before to skaters interested in synchronized skating.

We have assembled an incredibly **talented team of coaches** who are committed to providing a **positive and rewarding experience** for skaters who choose to join us. A **triple Gold medalist**, Brittany is a 2006 graduate of **Miami University** where she was a member of Miami University's 2006 National Champion Senior Team and 3-time member of Team USA Senior in addition to her many other skating accomplishments. This year will mark Brittany's 4th year with St. Louis Fleur de Lis. Brittany will again be joined by 2006 **Western Michigan University** graduate **Natalie Bendas** who will begin her third season with us as she continues to work towards becoming a pediatric nurse. Natalie's many skating accomplishments include being a member of Western Michigan's 2004 National Champion Collegiate Team and competing internationally as a member of Western Michigan's Senior Team.

We are also delighted to announce two **new additions** to our coaching staff, **Sally Knoll** and **Courtney Wisenor**, whose backgrounds and credentials complement each other perfectly. While new to St. Louis Fleur de Lis, Sally is no stranger to us at St. Louis Skating Club. Sally, who will be working with our younger skaters as only she can, is a **PSA Senior-rated** group and synchronized skating coach who has been involved with synchronized skating since its inception at Brentwood. Courtney, who will be graduating from **Miami University** in just two weeks, helped lead Miami University's Senior team to two National Championships and the **first-ever World medal** earned by Team USA Senior. We welcome both Sally and Courtney.

Our current plan for the season calls for **three, possibly four, teams** carrying the St. Louis Fleur de Lis name. While precise determinations of team levels will not be made until tryouts, the current plan is for us to have a USFS Intermediate team, an ISI Senior Youth team and one or two developmental level USFS or ISI teams for skaters under age of 13 as of July 1, 2009. Weekly practices for all teams will be held at the **Brentwood Ice Arena** on Sundays with an additional practice on Wednesdays at the Lindenwood University Ice Arena in Wentzville for our Intermediate team.

All area skaters are invited to attend **free tryouts** which will take place May 13 and 16-17, 2009. Skaters who have not tested USFS moves and skaters who have passed pre-preliminary or preliminary moves should attend tryouts at the Kirkwood Ice Arena the evening of Wednesday, May 13. Skaters with pre-juvenile moves and above interested in trying out for our USFS Intermediate team should attend tryouts at the Lindenwood Ice Arena on Saturday and Sunday, May 16 and 17.

More information about our plans for the season and tryouts is available on the St. Louis Fleur de Lis website www.stfldl.com which will be updated weekly between now and the time of tryouts. **Questions** relating to tryouts or our plans for the season may be directed to Brittany Wisenor at stfldl@yahoo.com.

We hope to see you at tryouts!